

Arizona Board of Behavioral Health Examiners

Treatment Plan

Cheat Sheet [



Ensure that all revisions include dated signatures from all parties



Upon written request, provide client/legal rep an explanation of all aspects of the client's condition & treatment;



Ensure that a client's treatment is in accordance with the plan.

- **6**02-542-1882
- 🔘 azbbheinfo@azbbhe.us

www.azbbhe.us

Prepare an integrated, individualized, written treatment plan, based on the provisional/principal diagnosis and assessment of behavior and treatment needs, abilities, resources, and circumstances of the client, including:

- Treatment goal(s);
- Treatment method(s);
- Date the client's treatment plan will be reviewed;
- If discharge date determined, aftercare needed;
- Dated signature of client/client's legal and licensee.

Review and reassess the plan:

- According to the review date specified in the treatment plan; and
- At least annually, ensure the continued viability and effectiveness of the plan and, where appropriate, add a description of services client may need after terminating treatment



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